



**October 2016**

**LBI**

**Breakfast Prices:**

**Full Paid Breakfast \$1.75**

**Reduced Breakfast**

**\$.30**



**Menu subject to change**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**3**

Triple Berry French Toast  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**4**

Ham, Egg & Cheese On Muffin  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**5**

**Breakfast Pizza**  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**6**

Sausage, Egg, and Cheese Sandwich on Pancakes  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**7**

Egg and Cheese on a Bagel  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or ,Fruit

**10**

Triple Berry French Toast  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**11**

Ham, Egg & Cheese On Muffin  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**12**

**Breakfast Pizza**  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**13**

Sausage, Egg, and Cheese Sandwich on Pancakes  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**14**

Egg and Cheese on a Bagel  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or ,Fruit

**17 Half Day**

Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**18 Half Day**

Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**19 Half Day**

Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**20**

Sausage, Egg, and Cheese Sandwich on Pancakes  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**21**

Egg and Cheese on a Bagel  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or ,Fruit

**24**

Triple Berry French Toast  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**25**

Ham, Egg & Cheese On Muffin  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**26**

**Breakfast Pizza**  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**27**

Sausage, Egg, and Cheese Sandwich on Pancakes  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**28**

Egg and Cheese on a Bagel  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or ,Fruit

**31**

Triple Berry French Toast  
Bagels with Cream Cheese or Butter  
Cereal Packs  
Breakfast Bars  
Blueberry Muffins  
Low fat or fat free Milk  
Juice or Fruit

**Free and Reduced Breakfast is available to all students who receive Free and Reduced Lunch**

**Offered Daily 1% or Skim Flavored or White Milk**

**Cereals Offered:**  
Lucky Charms  
Cinnamon Toast Crunch  
Coco Puffs  
Trix  
Golden Grahams  
  
Cereal packs come with Graham Crackers and Juice

**Breakfast Prices:**  
Paid = \$1.75  
Reduced = \$ .30

All grains offered are Whole grain

USDA and this institution are equal opportunity providers and employers